



LUNCH & DINNER (11am-Close)

CHICKEN SAMMIES

comes with fries - or - mixed greens salad

HOUSE 13.99
pickles, lettuce, tomato, ranch

BUFFALO 13.99
spicy buffalo sauce, pickles, lettuce, tomato, ranch

PICNIC 13.99
coleslaw, BBQ sauce, pickles, lettuce

GENERAL TSO 13.99
spicy scallion slaw, General Tso sauce, lettuce, sesame seeds

NASHVILLE HOT 13.99
Nashville sauce, lettuce, mayo, pickles

COWBOY 14.99
bacon, crispy onions, ranch, lettuce

CHICKEN & WAFFLES 15.99
bacon, apple, maple mayo, on a waffle bun

NUGZ

comes with fries - or - mixed greens salad

CHICKEN NUGZ 9.99
sauces: buffalo | ranch | BBQ | nashville hot
make 'em 'dirty' with a BBQ spice rub

SIDES

FRIES 5.29 pint

SWEET POTATO FRIES 5.99 pint

COLESLAW 4.19

SIDE SALAD 5.99
cider vinaigrette - or - ranch
add chicken 3.29

Special: **LIL' BRUSSELS SALAD** 5.99
brussels sprouts, apple, blue cheese, sunflower seeds, cider vinaigrette

LIL' BEET SALAD 5.99
beets, goat cheese, vinaigrette, pepitas

LIL' CUCUMBER SALAD 5.99
cukes, cherry tomatoes, roasted peppers, vinaigrette, goat cheese

LIL' BROCCOLI SALAD 5.29
roasted broccoli & carrots, sesame-tamari vinaigrette, sunflower seeds

GRAIN BOWLS

GF grains & mixed greens blend

Special: **WINTER VEGGIE** 15.99
squash, sweet potatoes, brussels sprouts, blue cheese, red onion, cider vinaigrette

MR. CRISPY 14.99
crispy GF chicken, sweet potatoes, apple, sunflower seeds, blue cheese, ranch dressing

AUTUMN 14.99
chicken, spiced sweet potatoes, apple, goat cheese, pepitas, cider vinaigrette

HARVEST 14.99
creamy ranch chicken salad, cheddar, dried cranberries, beets, sunflower seeds, shredded carrots, cider vinaigrette

MEXICALI 15.99
chicken, tomatoes, chili-lime crema, cheddar, roasted peppers, pepitas, citrus vinaigrette

POWER 14.99
tofu, roasted carrots & broccoli, sunflower seeds, nutritional yeast, hemp seeds, cider vinaigrette

GREEK 15.99
hummus, olives, tomatoes, tzatziki sauce, cucumber, roasted peppers, goat cheese, citrus vinaigrette

SESAME 14.99
crispy GF chicken, hoisin sauce, roasted carrots & broccoli, sesame seeds, sesame-tamari vinaigrette

ATLANTIC 15.99
roasted salmon, tomatoes, roasted broccoli, cucumbers, tzatziki sauce, sunflower seeds, citrus vinaigrette

PACIFIC 15.99
roasted salmon, spicy scallion cole slaw, roasted carrots & broccoli, sesame-tamari vinaigrette

COBB 15.99
chicken breast, hardboiled egg, tomatoes, blue cheese, shredded carrots, cukes, croutons, cider vinaigrette

HOUSE BURGERS

comes with fries - or - mixed greens salad

Special: **BIG SWISS** 14.99
LaPlatte Farm beef, Swiss cheese, garlic mayo, sautéed mushrooms, lettuce

'MERICA 13.99
LaPlatte Farm beef, lettuce, griddled onion, pickles, house dressing

BAM! BAM! 13.99
LaPlatte Farm beef, lettuce, pickled jalapeños, crispy onions, BBQ sauce

SOUTHBOUND 13.99
LaPlatte Farm beef, BBQ sauce, coleslaw, crispy onions, lettuce

ADDISON 13.99
Stonewood Farm turkey, cranberry mayo, lettuce, griddled onions, sliced apple

PEKING 13.99
Stonewood Farm turkey, hoisin glaze, lettuce, spicy scallion slaw, crispy onions

PUEBLA 13.99
veggie patty, chili-lime crema, lettuce, tomato

GODDESS 13.99
veggie patty, tzatziki sauce, lettuce, roasted peppers

HOT DOGS

comes with fries - or - mixed greens salad

PLAIN JANE 9.99
all-natural hot dog, toasted bun

VERMONT 11.99
cheddar, apple, maple dijonaise

NEW YORK 11.49
sauerkraut, onion, brown mustard

KANSAS CITY 12.49
American cheese, sauerkraut, house dressing

CHICAGO 12.49
pickle, onion, tomato, sport peppers, relish, mustard, celery salt



BREAKFAST (8am–11am)

EGG SANDWICHES

offered solo -or- with side crispy hash browns

THE STANDARD fried egg on a bun	solo 3.59 6.59
add American cheese	.89
add Cabot cheddar	1.09
add bacon	.99
add sausage	1.09

THE PATRIOT egg, hash brown, bacon, grilled onions, mayo	solo 5.99 8.99
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MORNING RANCHER egg, bacon, hash brown, crispy onions, ranch	solo 6.59 9.59
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KICKSTART egg, bacon, pickled jalapeños, tomato, hot sauce	solo 6.99 9.99
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BREAKFAST B.L.T. egg, bacon, lettuce, tomato, mayo	solo 6.59 9.59
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VERMONTER egg, bacon, maple mustard, shaved apple	solo 5.99 8.99
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‘OL SCRAPPY egg, sausage, hash brown, crispy onions, hot sauce, lettuce, ranch	solo 8.99 11.99
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BIG BEE egg, sausage, shaved apple, hot honey	solo 6.99 9.99
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CHICKEN & WAFFLES crispy chicken, bacon, apple, maple mayo, on a waffle bun	solo 10.99 13.99
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KIDS & SIDES

KIDS BREAKFAST SAMMIE fried egg on a bun	3.59
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PANCAKE BITES dusted with cinnamon sugar, with a side of real maple syrup	5.99
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SIDE HASH BROWNS	3.29
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SIDE BACON	1.99
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ORANGE JUICE	3.29
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BREAKFAST BOWLS

GF grains & sweet potato blend

RANCH HAND two fried eggs, cheddar cheese, crispy onions, ranch drizzle	11.99
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RESOLUTION two fried eggs, roasted broccoli, sliced apple, sunflower seeds, hemp seeds, maple mustard drizzle	13.99
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AMERICANO two fried eggs, American cheese, bacon, grilled onion, hot sauce drizzle	11.99
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THE GENERAL two fried eggs, roasted carrots & broccoli, spicy scallion slaw, sesame seeds, General Tso sauce	13.99
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TZATZIKI two fried eggs, cherry tomatoes, roasted peppers, tzatziki sauce	13.99
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AMIGO two fried eggs, bacon, cheddar cheese, cherry tomatoes, chili-lime crema, taco seasonings	13.99
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eggs are cooked on a surface that also cooks meat products

SMOOTHIES

nut free, dairy free, gluten free 7.99 (16oz)

MOCHA soy milk, banana, cold brew espresso, chocolate

BERRY BANANA soy milk, strawberry, banana, honey
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PIÑA COLADA soy milk, banana, pineapple

PURPLE HAZE soy milk, blueberry, banana

STRAWBERRY KISS soy milk, pineapple, strawberry, honey
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VERY BERRY soy milk, strawberry, blueberry, honey

HOT CLASSICS

HOT COFFEE	2.50
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ESPRESSO	2.50
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CAPPUCCINO	3.50
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AMERICANO	3.50
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HOT TEA	2.00
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LATTE	3.75 sm 4.50 lg
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MOCHA	3.50 sm 4.75 lg
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CHAI LATTE	3.50 sm 4.50 lg
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ICED CLASSICS

ICED COFFEE	3.00
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ICED LATTE	3.50
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ICED MOCHA	3.50
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ICED CHAI LATTE	3.50
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HOUSE DRINKS

hot -or- iced

HONEY HAZE latte with honey & cinnamon	5.50
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MAPLE DELIGHT latte with maple & vanilla	5.50
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DIRTY CHAI chai latte with espresso & honey	5.50
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MILK CHOICES whole milk soy milk
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ADDITIONS

EXTRA ESPRESSO SHOT	1.50
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VERMONT MAPLE SYRUP	.75
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VANILLA	.75
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CARAMEL	.75
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CHOCOLATE	.75
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HONEY	.50
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